

Every Second Counts

Be prepared with
First Aid Training



heartandstrokenb.ca



Heart & Stroke
Cœur + AVC TM/MC

New Brunswick / Nouveau-Brunswick



Emergencies happen anytime, anywhere.

From workplace safety to unexpected incidents at home, our courses are custom designed with you in mind. **Our Comprehensive first aid training doesn't just teach you how to react – it empowers you to take control of any situation.**

The Heart & Stroke Difference

With Heart & Stroke you are guaranteed to have the most up to date curriculum, teaching techniques, and course material all while in a fun learning environment. **Our course certifications are recognized nation-wide and all proceeds are reinvested back into New Brunswick in areas such as research and programming.**

Act Now | training@hsf.nb.ca

Don't wait for an emergency to strike. Contact us today to learn more about our customized corporate first aid training programs. Empower your team to be more than bystanders.



Convenient Classes

Flexibility, Accessibility, and Learning on Your Terms



Customized Content

Relevant topics and training specifically related to your industry.



Gain Life Saving Skills

Our courses prepare your staff to act in emergencies.