

BANANA CRUNCH ROLL

INGREDIENTS *(For 1 tortilla)*

- 2 tbsp peanut butter or nut alternative spread
- 1 Whole wheat tortilla wrap
- Raisin free/nut free granola (measure with heart)
- 1 banana

INGREDIENTS *(Class Size: 24)*

- 3 cups peanut butter or nut alternative spread
- 24 whole wheat tortilla wraps
- Raisin free/nut free granola (measure with heart)
- 24 bananas



DIRECTIONS

1. Use the spread to cover one side of the tortilla.
2. Place banana in the middle of the tortilla.
3. Sprinkle with granola.
4. Roll up, and cut in half or 6-8 slices and serve.

COOKING TIP

Soy nut butter or sunflower seed butter can replace peanut butter in baking

FACT

Look for the words “100% whole grain” in front of “whole wheat” to ensure all the grain is from a whole grain source